Bilingual People Are Like Brain 'Bodybuilders'

http://www.livescience.com/48721-bilingual-brain-bodybuilders.html

1. Discussion

Work in groups. What do you think may be advantages / disadvantages of being bilingual? 2. Reading task. Read the text and find the information.

Introduction

What is the "bilingual advantage"? What is its source?

Decide if the sentences are true or false.

Bilingual people use brain much more effectively compared to people who speak only one language. T/F

Bilingual people are better at concentrating on information that is t useful for them T/F **Student A**

READ Paragraph 1; make sure you understand key vocabulary items, find out the answer to the questions below.

How was the experiment concerning the brain activity **carried out? In which way** What were its results?

Student B

READ Paragraph 2; make sure you understand key vocabulary, find out the answer to the questions below.

What are the benefits of bilingualism described in paragraph 2?

3. Vocabulary work. Work in pairs to explain explanation the words below.

1.language processing	13.to suppress	
2.bilingual advantage	14.to perform the task	
3.enhanced ability	15.to praise	
4.to stem from	16.approach	
5.to assume/assumption	17.to focus solely on	
6.irrelevant	18.to draw criticism	
7.according to	19. cognitive advantage	
8.to manifest itself	20.to stave off	
9.simultaneously	21.nimble	
10.markedly diferent	22.to increase the	
	amount	
11.counterpart	23.conflicting results	
12.to be involved	24.versus (łac)	

4. Talk to in pairs. Help your friend to deal with unknown vocabulary items. Summarise main points from your paragraph/ write a summary.

5. Follow up. Watch the video.

The benefits of a bilingual brain

https://www.ted.com/talks/mia_nacamulli_the_benefits_of_a_bilingual_brain/transcript